

Grace Notes

One New Episcopal Church From Two Historic Parishes

Volume 4 Number 2

February 2024

HAPPY FEBRUARY, EVERYONE!

We have a busy month ahead of us!

This month, Grace will be:

- 1) Supporting the Ossining homeless shelter all month at Trinity;
- 2) Gathering for our annual meeting on Sunday, February 11th at St. Paul's with a special community meal, too;
- 3) Enjoying Mardi Gras festivities on Fat Tuesday the 13th at 6:00 PM at St. Paul's;
- 4) Celebrating Ash Wednesday with Ashes to Go at the Ossining Train Station from 7:00-8:30 AM and then a noon worship service at St. Paul's;
- 5) And more!

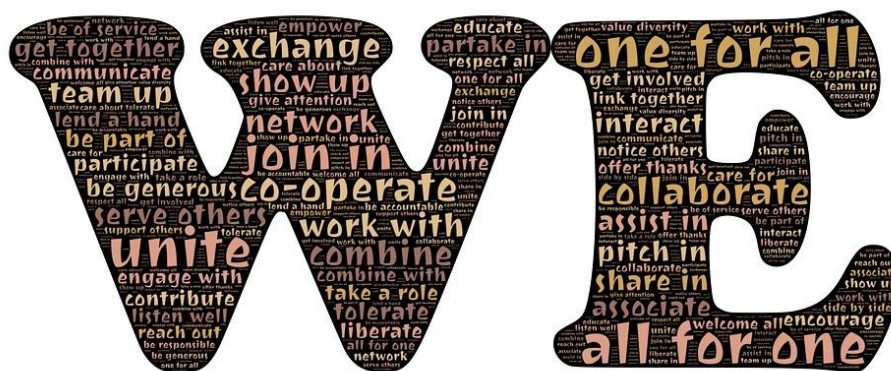
To learn what the "more" is, be sure to read the rest of this newsletter. And, as always, invite friends and neighbors. All are welcome and attendance is free.

What a great community! What a great parish!

I hope our paths cross at some of the events, and never hesitate to email or call me if I can support you in any way!

Faithfully,

Fr. Hal +





OUR UPCOMING SERVICES

February 4	10:30 AM	Holy Eucharist (St. Paul's Campus)	Fifth Sunday after the Epiphany
February 11	10:30 AM	Holy Eucharist (St. Paul's Campus)	Last Sunday after the Epiphany
February 14	7:00 AM	Ashes to Go at the Ossining Train Station	
February 14	Noon	Ash Wednesday Liturgy (St. Paul's Campus)	
February 15	7:00 PM	Evening Grace Meditative Service (St. Paul's Campus)	
February 18	10:30 AM	Holy Eucharist (St. Paul's Campus)	Lent 1
February 25	10:30 AM	Holy Eucharist (St. Paul's Campus)	Lent 2

All Sunday services are live streamed to our YouTube channel. And you can also find them there and on our Facebook page after the service is over. The links are:

YouTube Channel: https://www.youtube.com/channel/UCP1qGAuJlIxWU8Z_ucCKEGA

Grace's Facebook page: <https://www.facebook.com/graceossining/>

EVENING GRACE



Evening Grace is a bi-weekly lay-led spiritual service based on quiet meditation and alternate forms of worship including movement, chanting, walking meditation, etc. We meet the 1st and 3rd Thursdays of each month.

Our January gatherings are listed above. We hope you can join us! Questions? Contact us at eveninggrace@graceossining.org.



DEACON'S MESSAGE

LENT IS ALMOST HERE

This year, Ash Wednesday falls on February 14. We then start our 40-day Lenten observance, leading to Easter. I am sure you, like me, have moved through Lent in many different ways over the years. Some years I have participated in a book study, in person or online. Other years I have read devotional prayers and meditations each day and sat alone in prayer.

This year, I am yearning to do something different.

Very simply, Lent is the season of the church year for us to focus on prayer, fasting, and giving. I would love to know what these three spiritual practices mean to you.

I am new to Grace and am eager to get to know all of you better and learn about your spiritual journeys. I am asking who among us might like to meet weekly on Sunday after service for Lenten discussion. There are a number of great resources offered by Forward Movement, which offers weekly readings and reflections.

I suggest we meet for five Sundays starting February 18 and ending March 17.

Please email me at jeanmarieangelo@gmail.com to let me know of your interest. Or tell me after worship in the coming weeks. I will then download readings and resources and ensure I distribute them to you.

Blessings,

Jean Marie

VESTRY REPORT

Peekaboo! Groundhog Day, Chinese New Year, Lent, Valentine's Day, Grace's Annual Meeting...oh my!

Grace quietly moved through the month of January, recovering from the joys of the Christmas season and gearing up for whatever may come. Like February! Good thing it's a short month.



The BIG issues for the vestry this past month were compiling a vestry slate and finalizing the annual budget which will be presented at our annual meeting.

We—and the greater Ossining community—all said a prayer for Melanie and her family with the passing of Roger; he was a generous soul who touched so many during his life. *May you rest in everlasting peace, good servant.*

Please continue to pray and support Grace. Grace needs you more than you may know.

Mark your calendar, sign up, and join us:

- **Homeless Shelter at Trinity Monday, January 29th—Sunday, February 18th.**
Grace needs your financial support and volunteer hours to provide meals for 2 weeks, February 5th to February 19th. (See Tam's info and signup sheet.)
- **Annual Meeting, Sunday, February 11th at SPOTH Parish Hall-**
Come, Listen, Learn, and be heard, and support Grace's life in 2024.
- **Shrove Tuesday Dinner, February 13th, 6 - 8 PM**
Gumbo for God, Jambalaya for Jesus, and Pancakes for Y'all!
Sign up, invite a friend, and **Let the Good Times Roll!**
- **Ash Wednesday, February 14th 7AM @ Ossining Station & Noon @ SPoTH**
(If you made palm crosses last year, bring them in this Sunday so ashes can be prepared.)

How can you help Grace going forward? Please speak to Rev. Hal or either of the wardens if you have questions or any ideas.

Wardens: Darryl Moy (2024) darryl.moy@gmail.com
Cecilia Quintero (2025) cquintero1506@gmail.com

Vestry Members:
Sarah Davis (2025) songbird0606@outlook.com
Kellie Ishmael (2024) kellieishmael@gmail.com
Milton Kerr (2024) mkdj46@yahoo.com
Maribeth Osgood (2025) mosgood@optonline.net
Jo Ann McGrath (2026), mcgrathinator@gmail.com
Kate Pendzuk (2026) treasurergraceossining@gmail.com

GRACE OSSINING HOMELESS SHELTER
Emergency Shelter sponsored by BOMA
Monday, February 5 through Breakfast/Lunch February 19



You will be providing food for approximately 24 people.

We will try to update you on any specific needs of the group a day or two before your host date.

You will be providing food for 24 people for 3 meals (dinner and breakfast and lunch for the following day). Dinners do not have to be individually wrapped and can be served. Please individually wrap and pack lunches.

Food is to be brought in ready to serve each night to **the kitchen no later than 8:00 PM**. Most people sign up to provide all three meals and bring the dinner and the breakfast and lunch for the next day the same night.

DINNER: Please be prepared to bring home-prepared food or arrange for dinner to be delivered (from local restaurant or business) hot, ready to be served to the kitchen entering the kitchen door off the lower parking lot at 8:00 PM. Should include a drink (juice or soda).

LUNCH: Items for Bag lunches for 24 - keep it simple - individually wrapped sandwiches, wraps, fruit - bananas are good, snack bags of chips, cookies, water, or juice.

BREAKFAST: Bagels, buttered rolls, muffins, donuts, fruit, hard boiled eggs, water, juice boxes. Frozen breakfast sandwiches. Packages of hot chocolate.

NOTE: Fresh fruit (bananas, oranges, clementines) are particularly welcome!

Click here to sign up:

<https://www.giveinkind.com/inkinds/D2P0A6C>

If you would like to make a monetary donation to support this program, please make the check out to BOMA and mail it to:

Tim Ives, Scarborough Presbyterian Church, PO Box 8835, Briarcliff Manor 10510

Questions? Tam Hernandez 914-941-4920 cell: 914-815-5841

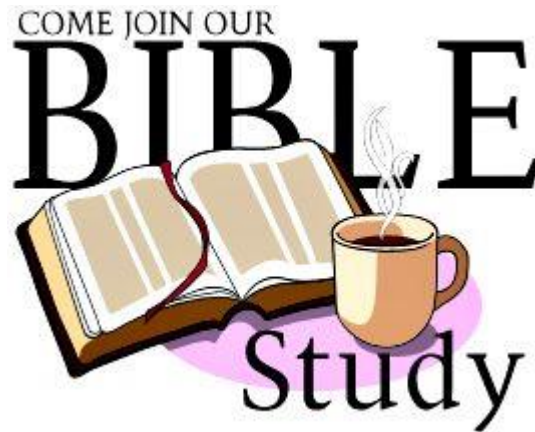
Shelter Supervisor: Bill Caruso 914-589-8720

(Ossining Emergency Shelter Partnership / Asociación de Refugio de Emergencia de Ossining)

Karma Market - 31 Spring Street Contact: Elizabeth 914-502-0188 for Meals

Lucy's Pizza 914-762-0001

It takes a Parish and a community. Thank you for pitching in to help.



Weekly Bible Study is a new ministry that will meet weekly over Zoom and start on Tuesday, February 27th from 7:00-8:00 PM.

Here's the format: led by Fr. Hal, we will read the Gospel lesson for the upcoming Sunday worship and ask questions:

- What do you like about the lesson?
- What makes sense to you?
- What do you dislike?
- What doesn't make sense?
- If you had to preach on this scripture, what would the theme be? Why?

Some great features of this Bible Study are that one is never behind. If you miss a week, it's a different lesson next week and it's never cumulative. No knowledge of the Bible needed; just curiosity and a desire to learn more. No special translation needed, either.

Come check it out! Should be a lot of fun!

FEBRUARY 2024 GO (GRACE OUTING)!

Join us for our first GO! (Grace Outing) event for 2024: -- a trip together to our Ganung Drive neighbor, Bethany Art Community. **Friday, February 2nd from 7:00-9:00 PM** marks the opening of BAC's annual history and culture exhibit, entitled this year, "Black History & Culture: BLACK PRESENCE. PROFOUND INFLUENCE" Just show up at the door at 7:00 PM or later and Lori and I will see you inside. Having fun together, supporting an important neighbor and collaborator, supporting an important cause, making a difference – what a great way to spend a Friday night! See BAC's flyer on the next page for more details. I hope to see you there.

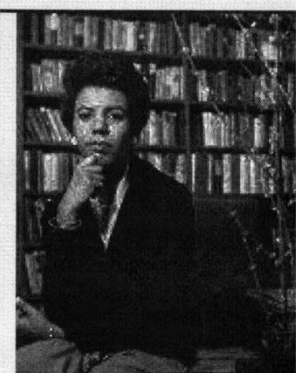
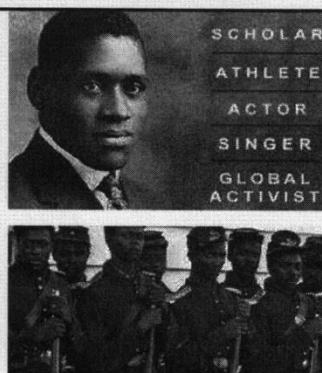
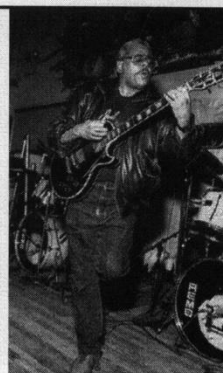
Faithfully, Fr. Hal+



Black History & Culture: **BLACK PRESENCE. PROFOUND INFLUENCE.**

CURATED BY JOYCE SHARROCK-COLE

**EXHIBIT DATES: FEBRUARY 2 - MARCH 8, 2024
BETHANY ARTS COMMUNITY**



OPENING RECEPTION: FEBRUARY 2, 2024 7-9PM

GALLERY HOURS: Monday-Saturday 10AM-4PM

WALK & TALK TOURS WITH CURATOR:

\$25 Adult \$15 Student/Senior

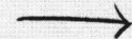
Wednesday, February 7, 2024 at 6PM

Wednesday, February 28, 2024 at 6PM

*to inquire about group & school tours, email julias@bethanyarts.org

LOCATION: BAC, 40 Somerstown Rd. Ossining NY | 914.944.4278

Learn more at
bethanyarts.org



Maurice D. Hinchey
Hudson River Valley
National Heritage Area



JOURNEYS to
CHANGE



Grace in Grief



This confidential, safe, and welcoming grief support program meets bi-monthly from 10:00-11:30 AM on the 2nd and 4th Saturday of each month in St. Paul's Campus Family Room. Open to people of all faiths, seeking support for the loss of a loved one. Our November dates are:

February 10

February 24

This is open to all who may be grieving in our Ossining/Briarcliff community! If you, or someone you know, may be seeking a group to help you process, live, and learn from a supportive community please, have them contact Fr. Hal hal@graceossining.org or Cecilia Quintero cquintero1506@gmail.com

THE OSSINING FOOD PANTRY NEEDS HELP!



Currently, the Ossining Food Pantry is looking for someone to respond to inquiries about volunteering with the OFP. Phone and email messages are directed to the appropriate team leader after initial screening. This Volunteer Coordinator job can be done from home but does require computer access. Please consider donating your time to assist this vital community organization.

The Pantry also needs volunteers to help out with food distribution, particularly from 6:00-8:00 PM on Wednesdays. An ability to speak Spanish would be a real plus!!

If you're interested, please contact Tam Hernández or Sue Monroe for more information. You can also email mailto:OssFoodPan@gmail.com or call 914-762-5510 to leave a message.



*We are not human beings having a spiritual experience.
We are Spiritual Beings having a human experience.*

~ Teilhard de Chardin ~



WOMEN OF WISDOM AND STRENGTH

Amy Kitahata-Sporn

The anniversary of my breast cancer diagnosis is coming up this February. Once again, I would like to thank everyone at Grace Church for keeping me in their thoughts and prayers. I would like to say a special thanks to the Women of the Church who supported me, drove me to and from my doctor's appointments and radiation treatments, and shared their stories with me.

Pastor Hal has spoken often about multiple intelligences, including kinesthetic intelligence. Kinesthetic intelligence allows for body awareness, neuromuscular coordination of the whole body, tactile sensitivity, and learning by doing to name a few. Athletes, performing artists, surgeons, sculptors—all have heightened kinesthetic intelligence. When an athlete is “in the zone,” they are no longer directing their bodies consciously. (No time for that!) Instead, they are engaging kinesthetic awareness and experience or “muscle memory” quickly, in the moment.

I have experienced another aspect of kinesthetic intelligence which I would name as receiving information through improvisational movement. I believe the information received comes from the personal and the collective unconscious. The movement informs us even if we don't always know what it means. In Jungian Dreamwork, unconscious wisdom is brought to a conscious level by engagement with and analysis of dreams. By reflecting on the sensations, images, and emotions that arise while moving, improvisational movement allows kinesthetic information and wisdom to be brought to a conscious level.

Authentic Movement is an improvisational movement practice developed by Mary Whitehouse, co-creator of Dance Therapy. During my cancer treatments, I continued my practice of Authentic Movement and one day found myself on my belly moving like a whale, undulating forward and back. Not like fish that undulate side to side. Like dolphins and the majestic whales of the ocean. From this experience, I wrote the following poem. Later I discovered that Ancient Minoan culture is presumed to be structured around a matriarchal model and to include a spiritual connection to dolphins.

And here is my poem...

Women of Wisdom and Strength

We are women of wisdom and strength.

Loving, supporting, and nurturing our families, friends, neighbors, the community, and the world.

Relentless, enduring, quietly or not so quietly imparting our wisdom, experience, and knowledge.

Traveling the world, seeing beyond ourselves with hopes of empowerment and change.

Facilitators, negotiators, teachers, leaders and workers, sharing our strength and energy.

Making all things possible.

Birthing and creating in so many ways.

Bringing our sensibilities and observations to every situation.

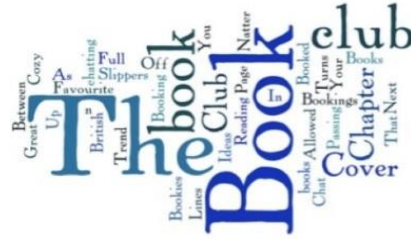
Organizing, herding, echoing, sending out waves.

Swimming through all life's challenges like the great whales, huge and powerful, gentle and elegant, and unstoppable.

What gives us power? Each other.

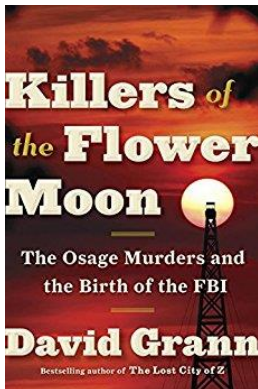
Women of Wisdom and Strength.





*You are cordially invited to
TBC's Annual Champagne toast & 2024's Pre-Oscars party
Date: February ?? (Do you prefer Sun. 2/18 or, Sat. 2/24?)
Time: 3:00 PM*

Where? Zoom? Or, at St Paul on the Hill Parish Hall?

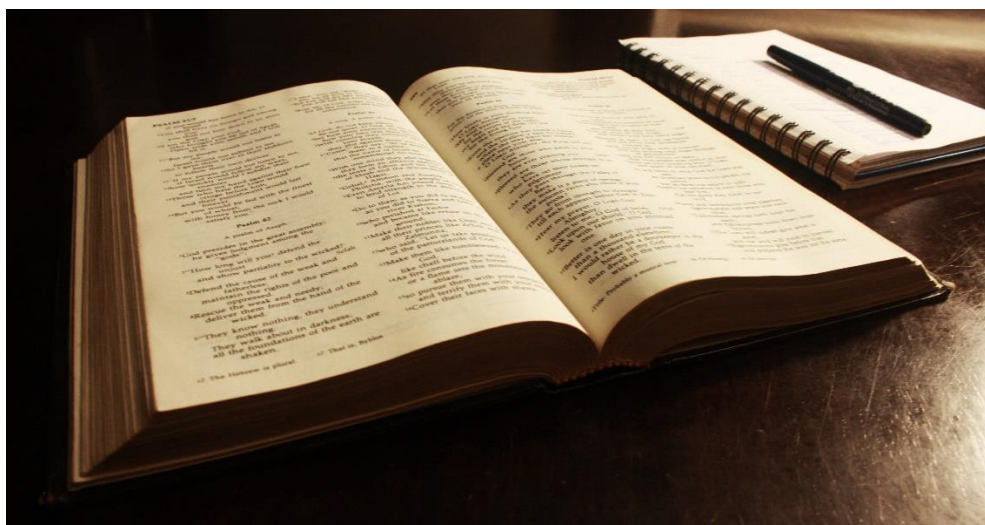


Since we read David Grann's bestselling book in 2018, we can finally get together before Oscar Night on ABC this March and discuss how well we think this Oscar nominated film told the story. How it portrayed the characters and treated the book's ending. Did you like it? Or do you prefer the book?

Sooooo, if you read the book, only saw the movie, or are just curious, please join us! Grab that bowl of popcorn, pour the bubbly, and think about your 2024 Annual Toasts!

All Are Welcome!

For more information: email Cecilia Quintero cquintero1506@gmail.com



LENTEN RESOURCES

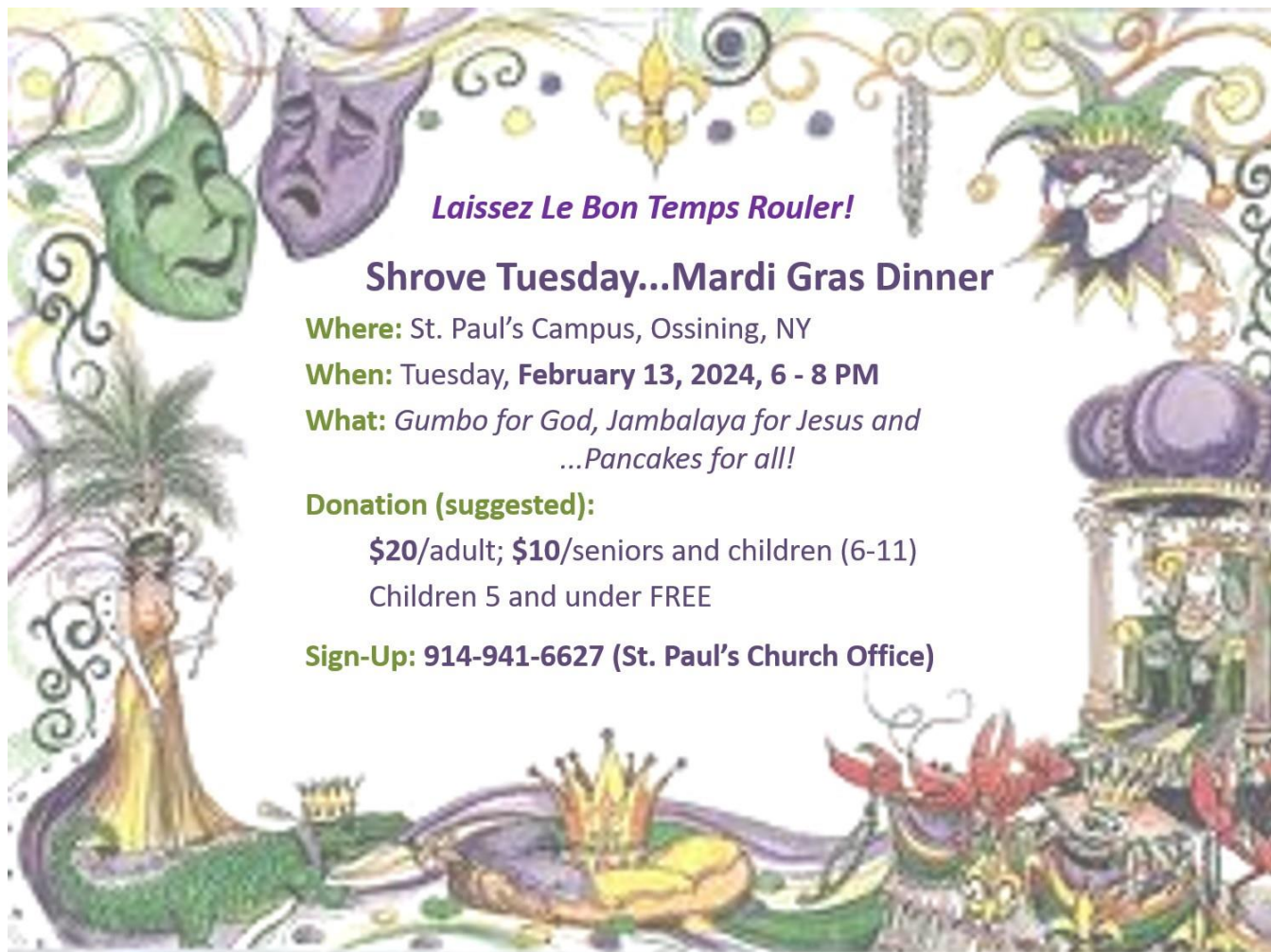
Episcopal Relief and Development

For 15 years, Episcopal Relief & Development has been blessed by the opportunity to join readers on their spiritual journeys with thought-provoking meditations. During Lent, we pray, “Create and make in us new and contrite hearts.” Written by Miguel Escobar, their 2024 meditations focus on embracing this new heart, this new life in Christ, and looking deep within ourselves and acting in ways that seek and serve Christ in others. [Click here](#) to sign up for daily emails and for other resources.

Lent Madness

Lent Madness began in 2010 as the brainchild of the Rev. Tim Schenck, former rector of All Saints’ Briarcliff. In seeking a fun, engaging way for people to learn about the men and women comprising the Church’s Calendar of Saints, Tim came up with this unique Lenten devotion. Combining his love of sports with his passion for the lives of the saints, Lent Madness was born. The format is straightforward: 32 saints are placed into a tournament-like single elimination bracket. Each pairing remains open for a set period of time and people vote for their favorite saint. 16 saints make it to the Round of the Saintly Sixteen; eight advance to the Round of the Elate Eight; four make it to the Faithful Four; two to the Championship; and the winner is awarded the coveted Golden Halo. The first round consists of basic biographical information about each of the 32 saints. Things get a bit more interesting in the subsequent rounds as we offer quotes and quirks, explore legends, and even move into the area of saintly kitsch. [Click here](#) for more information and to sign up.

If you have others, please let us know!



Laissez Le Bon Temps Rouler!

Shrove Tuesday...Mardi Gras Dinner

Where: St. Paul's Campus, Ossining, NY

When: Tuesday, **February 13, 2024, 6 - 8 PM**

What: *Gumbo for God, Jambalaya for Jesus and
...Pancakes for all!*

Donation (suggested):

\$20/adult; \$10/seniors and children (6-11)

Children 5 and under FREE

Sign-Up: 914-941-6627 (St. Paul's Church Office)



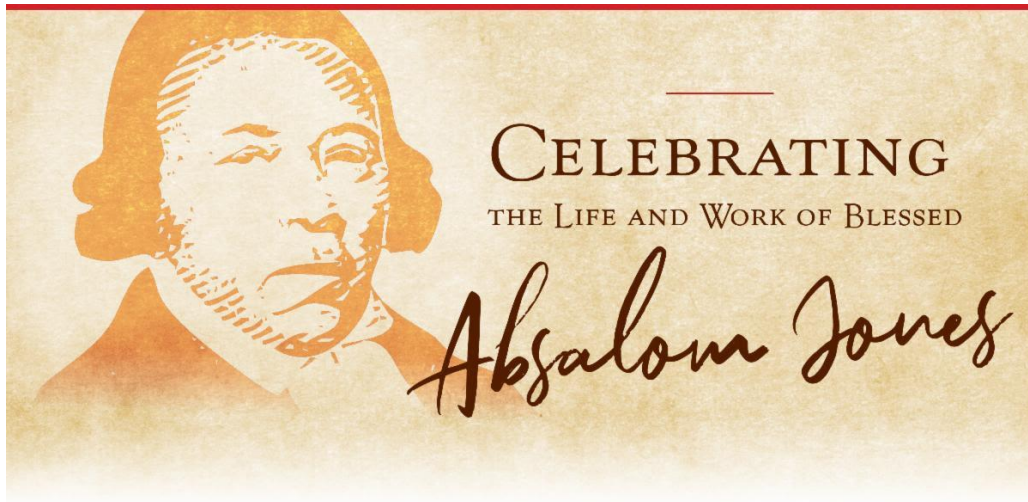
Briarcliff/Ossining Ministerial Association
At January's Martin Luther King, Jr. Celebration



Jo Ann McGrath Sends Her Love...
And Best Wishes for a Short Winter!



The
Episcopal Diocese
of New York



Join the celebration!

Saturday, February 3 at 10:30 AM

The Holy Eucharist

Cathedral Church of Saint John the Divine
1047 Amsterdam Avenue at West 112th Street, Manhattan

*The service will be livestreamed
on the Cathedral's [website](#) and [YouTube channel](#).*

The Rt. Rev. Andrew ML Dietsche

Bishop of New York
Celebrant

The Rev. Yejide Peters Pietersen

Associate Dean and Director of Formation
Berkeley Divinity School, Yale University
Preacher

**The 20th Annual Interreligious Prayer Service
For Peace and Justice
Celebrating World Interfaith Harmony**



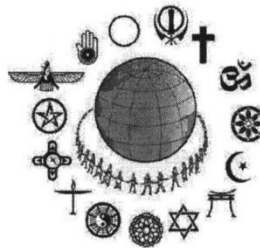
Sunday, Feb 4, 2024 3:00 PM
FREE EVENT. ALL ARE WELCOME

Registration Link
Join Zoom Meeting or in Person

<https://us02web.zoom.us/j/85743628981>

<https://www.eventbrite.com/e/the-20th-annual-interreligious-service-celebrating-world-interfaith-harmony-tickets-807330947597?aff=oddtcreator>

**Location: The Center at Mariandale
299 North Highland Ave.
Ossining, NY
Near Croton on the Hudson Metro North Station**



Charles S. Chesnavage, PhD, 914-261-0468; cchuck60@aol.com

**Are You Yearning to
Connect with Others to
Promote Peace & Foster Goodness
for all Humanity?**

Join our interfaith prayer vigil

**Thursday, February 8th
from 7-8 pm**

**St. Paul's on the Hill
40 Ganung Drive
Ossining 10562**

Representatives of Judaism, Islam, Christianity, and Secular Humanism will read classic texts affirming the inherent goodness of all people and the need for peace and justice for all.

No slogans or debates.

Affirmations of our common humanity;
Opportunity to meet new people;
Sing/listen to songs from the different traditions;
Offer prayers/intentions for progress and healing;
Enjoy cookies afterwards.

**Free
All are Welcome**

**To learn more, call
(914) 941-6627**



The Episcopal Diocese of New York

INSTALLATION OF THE 17TH BISHOP OF NEW YORK

Saturday, February 10, 2024

11:00 AM–1:30 PM

The service will celebrate how we've faced outward and joined with interfaith, ecumenical, and civic partners to participate in God's healing. Communities in the Diocese of New York have cared for our neighbors across generations. We've raised our collective voice and organized for justice.

- The service will be scripture, prayers, and song. We won't have Eucharist. Prayer offices are deeply rooted in our Anglican tradition and we want to welcome our interfaith and civic partners.
- The scriptures will be familiar: Micah 6, 1 Corinthians 13, and Matthew 25.
- The Rev. **Winnie Varghese**, rector of St. Luke's Church Atlanta, will be the preacher.
- Music will feature living and women composers.
- The offering will support vocational development for deacons & priests in the Diocese of New York. (The consecration offering last May provided retreat funding for 32 clergy—*everyone who applied.*)
- We are organizing buses traveling from Mid-Hudson, Westchester County, and Staten Island.

[Click here](#) for more specific information on the service and how to take advantage of the buses. Also, we are in the process of setting up a "watch party" in the Parish Hall on our St. Paul's campus for those unable to make it into the city. We will be sending more information as our plans take shape!



The Episcopal/Jewish Dialogue Committee of the Ecumenical and Interreligious Commission of the Diocese of New York presents a series of Educational Forums on

Facing Christian Anti-Judaism: Recognizing and Understanding Interreligious Implications in the Revised Common Lectionary and Hymnody in the Church

On five Thursday evenings in 2024 7:00-8:30 PM Via Zoom



Session 2

Thursday, February 15

The Lectionary

Session 3

Thursday, March 14

Sacred Music and Hymnody

Session 4

Thursday, March 21

Preaching: John's Passion Gospel

Session 5

Thursday, April 18

A Peace Proposal for Jews and Christians

[Click here for more information and to register for the Zoom webinars](#)

REPAIR

**Rivertowns Episcopal Parishes
Action on Inclusion and Race**

REPAIR IS BACK! THURSDAY, FEBRUARY 22nd

The 14th Amendment: Pillar of Justice or Tool of Oppression?

The 14th Amendment, guaranteeing “equal protection of the laws” to all Americans, has been the supreme law of the land for more than 150 years. Today it’s back in the headlines, its meaning contested by partisans on both sides of issues ranging from affirmative action, voting rights, and abortion to Donald Trump’s place on the presidential ballot.

Why is the meaning of a constitutional mandate passed to protect newly-freed citizens in the wake of the Civil War now the subject of so much controversy? Learn about the checkered history of this crucial text when REPAIR gathers at the **Warner Library on February 22nd**.

Attorney and civil rights leader **Dennis Parker** will describe the wildly varying ways in which the 14th Amendment has been used and abused in American history, from justifying “separate but equal” accommodations in the era of Jim Crow to legitimizing—then limiting—the use of race as a factor in college admissions. He’ll explain what the amendment’s little-understood history reveals about the real intentions of its framers. And he’ll lead a discussion about the role it plays in current debates—including its potential to help guide our country toward a fairer, more just and inclusive vision of citizenship for all.



Meeting Date: Thursday, February 22, 2024

Meeting Time: 7:00 p.m. to 8:30 p.m.

Location: Warner Library, Room B, 121 N. Broadway, Tarrytown NY

Zoom Link: Click [here](#).

SPREAD THE WORD--SHARE THIS EMAIL WITH A FRIEND



FEBRUARY EVENTS

- 3 Hospitality Steering Committee (Trinity Campus)
- 10 Grace in Grief (St. Paul's Campus)
- 11 Grace Annual Meeting (St. Paul's Campus)
- 13 Shrove Tuesday Dinner (St. Paul's Campus)
- 17 Grace serves at Loaves and Fish (Trinity Campus)
- 22 REPAIR meets (Warner Library, Tarrytown)
- 24 Grace in Grief (St. Paul's Campus)
- 28 Vestry Meeting (location TBD)

1/29-2/18 Homeless Shelter (Trinity Campus)

FEBRUARY BIRTHDAYS

Karen Pauline	2	Doris Beresford	20
Dhalya Baker Wagner	5	Zach Sporn	20
The Rev. Cooper Conway	9	Stephanie Silicato	22
Robert Docker	9	Emerica Jusu-Davies	23
Susan Holsten Madera	9	Julie Gross	25
Christina Cowan Richmond	12	Brooke McGrath Antonopoulos	25
Kathen Cowan Reynolds	13	Ian Robertson	25
Nicholas Kip	14	Anna Bomwell	26
Linnet Baker	15	Audrey Del Bene	26
Adam Wagner	18	Jessica Bowen	29

JANUARY ANNIVERSARIES

Janet Hughes and Diahann Malcolm 14



CLERGY

The Rev. Hal Roark, Priest-in-Charge
The Rev. Jean Marie Angelo, Deacon

VESTRY

Darryl Moy, Warden	Cecilia Quintero, Warden
Jo Ann McGrath, Clerk	
Kate Pendzuk, Treasurer	
Sarah Davis	Milton Kerr
Kellie Ishmael	Maribeth Osgood

STAFF

Tina Farrell and Tamsen Hernández, Parish Administrators
Suji Jung, Music Director
Katherine Pendzuk, Verger
Anthony Sena, Sexton, St. Paul's Campus
Pablo Montoya, Sexton, Trinity Campus

MISSION STATEMENT

To love God is a call to action. Strengthened by prayer, worship, and study,
Grace Church embraces and serves all people, the earth, and every living thing.